

You are your own best advocate. The Pancreatic Cancer Action Network (PanCAN) strongly recommends that you discuss your treatment goals with your healthcare team and know all of your options at every stage of your disease.

ABOUT THIS BOOKLET

This booklet is a resource for patients and families who want to understand pancreatic neuroendocrine tumors (PNETs), a rare type of pancreatic cancer. A glossary is provided at the end of this booklet for **bold** words in the booklet's text.

The more information and knowledge you have, the more empowered you can be to make decisions. Use this booklet as a reference guide to talk about PNETs with your healthcare team.

Patient Services: We Are Here to Help

PanCAN Patient Services is the place to contact when facing pancreatic cancer. No organization supports pancreatic cancer patients like we do. Through our Patient Services Help Line, we provide more resources and speak with more pancreatic cancer patients and caregivers than any other organization in the world.

Our highly trained and compassionate Case Managers provide free, personal one-to-one support and information about the disease. Case Managers can provide helpful information and resources for all topics referenced in this booklet, including:

- The disease and treatment
- PanCAN's Know Your Tumor® precision medicine service
- Clinical trials
- Diet and nutrition
- Pain and symptom management
- Pancreatic cancer and PNET specialists
- Resources to help patients navigate a new diagnosis, including information on next steps, questions to ask the healthcare team, genetic testing and more
- Support resources, including connecting with others who have PNETs

All services are free of charge.

Contact PanCAN Patient Services toll-free at 877-2-PANCAN or patientservices@pancan.org. Support is available Monday – Friday, 7 a.m. - 5 p.m. Pacific Time. Services available in English and Spanish.

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